



Race briefing – Sunday 9th June 2024

The Great Kanku-Breakaways Marathon is held in the Kanku-Breakaways Conservation Park. If you are driving to the event by car, access the park from the Stuart Highway, approximately 30km north of Coober Pedy and parking is very limited. You can find the location on Google Maps: http://bit.ly/Google_Maps_Breakaways

A shuttle bus between Coober Pedy and the Kanku-Breakaways will also run throughout the day. It is free and available for anyone who wants to use it – competitors, families and locals.

Here is a map of the area, including the checkpoints. All events start and finish at the race hub, Main Lookout #1.



Route information

The route runs along the main gravel road through the park. It is closed to all traffic.

Common questions include track surface (ie do I wear trail or road shoes) and elevation. Either type of shoe is fine, but Coober Pedy, like most outback places, has plenty of dust, so make your decision based on that!

It is a relatively flattish course, but don't be fooled. Between the two lookouts is slightly downhill then slightly uphill. It is slightly uphill coming home from checkpoint 3 and you're going to have to grind it out (especially if you have a bit of a head wind).

Road closures & event carparking

There is one road closure during the day of the event. The closure is on the road from Lookout #1 to the intersection of the Breakaways Road and Kempe Road, including the lookout (note this particular section is closed from midday Saturday as well to allow checkpoint setup). The road is also closed between lookouts. This closure will be in place from 6am until 6pm, except for emergency services vehicles and event organisers vehicles.

Event carparking is still available outside the areas affected by these closures.

Note entry and exit the park is only via the Stuart Highway entrance on the day. We do encourage as many people as possible to catch the bus as parking is very limited

Shuttle buses

If you are catching the free shuttle-bus service to/from the park, make sure you check out the bus timetable and leave enough time to make your event start. Buses will take approximately 30 minutes between Coober Pedy and the drop-off point. Allow enough time to collect your bib number and sign a new waiver form.

View the [bus timetable](#).

Start & finish hub

Toilets, food, first-aid, displays, registration and merchandise are all located at the start/finish hub. Free tea and coffee and a free barbeque lunch will be available.

The park is still open to the public, so please be mindful of people accessing the hub and lookout areas.

Check points & turnarounds

We will have stations on the course that will be manned by volunteers, including the awesome CFS and SES folks.

- Checkpoint 1 – 1.25km from start/finish. This is also the 2.5km and 5km event turnaround
- Checkpoint 2 - 5km from start/finish. This is also the 10km turnaround
- Checkpoint 3 - 10.55km from start/finish. This is also the marathon and half marathon length events turnaround points.
- Checkpoint 4 – 16km from start/finish (not planning to use this year as no 36km and 72km bike riding entrants)

Each station will be staffed with volunteers. We encourage you to bring your own CUP, BLADDER or FLASK. Volunteers will manage all water/sports drink refills.

Stations will have lollies and chips. These will be provided to you by volunteers. Due to COVID restrictions you must not help yourself to food.

Fruit will be available at the 10.55km station and start/finish area.

Each station will also have a portaloos, first aid and emergency radio.

Course and start times

The course is out and back (twice for the marathon distance).

The event is held entirely within the Kanuku-Breakaways Conservation Park, from the main lookout, out to Angkata lookout, back to the intersection, down the hill, past Two Dogs and alongside the Dingo Fence.

Event start times

1. 9.00am - Bike riders in ALL events.
2. Marathon & 21.1km Halfie - 9.20am
3. 10km Out n Back (incl Teams) - 11.00am
4. 5km Dash - 11.15
5. Mini Bolt (run/walk) - 1.30pm

Don't be late! We will be starting on time (except in the instance of an unforeseen crisis like technology failure). Your race time will start from the 'go' gun.

Late and race day entries

If you've missed the online entry, you can still put in a late entry by:

- Entering on the day at the registration tent.

Entering on the day WILL incur an additional fee over the online registration early bird fee. There will be no late fee for kids who enter the 2.3km Mini-Bolt on the day.

Entry on the day is by CARD only.

Registration and bib pick-up

Bib pick-up and late registration will open at 8:15am. Allow 5-10 mins to walk from your car to the start/finish area and time collect your race number and sign the new waiver.

Please make our life easier by checking out your race number in advance

T-shirts

T-shirts will be available for collection from the registration area. All kids under 18 will receive a free t-shirt.

If you see how good our Tanya Van Horen-Fatt designed t-shirts are, and realise that you should have ordered one, don't despair. We ordered some extras! You can purchase a shirt on the day, until sizes run out.

COVID-19

Please observe social distancing regulations at all times.

All food at the race hub will be managed by our volunteers. You cannot self-serve. Sanitiser and hand washing stations will be available both at the hub and on-course.

Presentations will take place as soon as possible after the third place-getter has crossed the finish line for each event.

Pulling out during the event

If you need to pull out during the event, walk back to closest aid station and notify the volunteer. The middle aid stations do not have mobile coverage and they will need to radio the race director.

If you require ambulance attendance, please let a volunteer at the closest aid station know and they will organise it. The SA Ambulance will be stationed at the start/finish line.

If you have mobile coverage and are between aid stations you can call the phone number located on the back of your bib, tell the race director your location and what assistance you need and they will send it out to you.

Race briefing

Well, this is pretty much it, but no doubt the race director will offer a few sage words of wisdom before the start of each distance!

Dogs and prams

Seems funny to have them under the same heading, but there you go!

You may take part pushing a pram or leading a dog. Dogs must be leashed at all times. For insurance purposes, children in a pram must still be registered (no charge).

Prams must start at the back of the pack. Dogs must start at a safe distance away from other people and leads must be short so that no one trips over them.

Bag Drop

Yes, we will be able to look after bags for you. We will take no responsibility for lost or damaged items and it is highly recommended that you have a clearly marked name tag.

Marathon runners will be provided with an area on-course to leave a drop-bag near the start/finish area.

Race bib information

- 1) Electronic transponder timing will be used to record your finish time and intermediate times.
- 2) You have been allocated a race number bib and it has an electronic timing tag on the back linked to you and the race you have entered. Do not use someone else's number bib.
- 3) If you are entering more than one race, make sure you wear the correct number in each race.
- 4) If you are running or walking, pin the bib at WAIST HEIGHT (NOT chest!) to the OUTSIDE FRONT of whatever top you will be wearing.
- 5) If you are riding, attach the bib with cable ties to the handle bars or cables at the front so it faces forwards, is vertical and so that the timing tag does not touch your frame
- 6) Do not bend or fold the tag or tamper with it.
- 7) Race number bibs are disposable and do not need to be returned. They are yours to keep.
- 8) There are different start times for different races. Make sure you start at the correct time.
- 9) Your time and number will be recorded when you pass through a timing point provided your race number bib is visible. Covering it with clothing or your hands as you operate a watch will prevent it recording so your bib must be LOWER than all of these.
- 10) Entrants in events with 2 laps must turn CLOCKWISE around the marker at the 10.55k point and around the marker after the finish timing mats.
- 11) Please notify Timing Officials at the finish line and do not pass through the finish timing point if
 - a. you cut the course short (for example by skipping a lap, or taking a shortcut)

- b. if you pull out of the race before finishing
- 12) If you lose your bib during the race you must still go across the finish timing point and report to the registration desk as soon as you cross the finish timing mat.
- 13)



Bib numbers & registration information

Please [check your bib number and details](#) before you get to the registration tent on the day. Make sure all your details are correct eg event, age, gender, the spelling of your name etc. Please email us if you find any mistakes.

Results

Please check your live results as soon as possible:

<https://eventstrategies.racetecresults.com/results.aspx?CId=90&RId=539>

All results will be “Provisional” until 6pm on the Wednesday after your event, after which they will be “Final”.

Queries must be emailed to timing@eventstrategies.com.au before this time.

Emergencies & injuries

Every checkpoint will have a first aid kit and a snake bite first aid kit. If you need assistance, please let a checkpoint volunteer know and they will assess if they can help you, or if the medical team is called. The event organiser will then be notified.

We will have onsite medical based at the lookout. If there is an emergency or serious injury call 000 and advise staff at Lookout #1 immediately. The number to call to notify the lookout is on the back of your race bib. Incident report forms will be available for use if needed.

If you see snakes or any other dangerous fauna, please avoid them and advise participants of their whereabouts.

If a vehicle must enter the course, ALL checkpoint volunteers will be informed and they in turn will do their best to notify the competitors as they pass by check points.

Leave only footprints and protect the park

The Kan̄ku-Breakaways is a conservation park. Competitors are asked to 'leave only footprints' and help protect the park for future generations:

- Remove all rubbish
- Use bins provided on the course
- Do not remove any natural materials from the park.

More information

Race director: Chevahn Hoad 0499 982 999 or choad@cpcouncil.sa.gov.au

Race Hub coordinator: Shontelle Lennon 0427 777 544 or slennon@cpcouncil.sa.gov.au

Breakaways team: breakaways@cpcouncil.sa.gov.au

Web: www.greatkanku-breakawaysmarathon.com.au